

Flavaz JAMAICAN GRILLE

"GOOD FOOD MEK BELLY BUS"

TUESDAY - THURSDAY NO DINING AFTER 7PM



APPETIZERS

Jerk Wings (grilled) 5/10/15/20/30	\$6/\$12/\$18/\$24/\$36
Flavaz Fried Wings (Tossed in jerk sauce) 10/15/20/30	\$12/\$18/\$24/\$36
Jerk Shrimp Skewer (6)	\$10.99
Patties (Beef, Chicken & Veggie)	\$3.00
Coco bread	\$3.00
Soup (Saturdays only)	Lg \$12.95 (32 oz)/ Sm \$6.95(16 oz)



ENTREES

(Served with Rice & Peas OR White rice, OR mac & cheese, OR garlic mashed potato)

Steamed veggies and fried plantains are included in all entrees.



Oxtails	Lg \$26.00	Sm \$18.25
Curry Goat	Lg \$22.00	Sm \$16.00
Jerk Pork	Lg \$13.99	Sm \$10.99
Stew Peas	Lg \$15.99	Sm \$13.99
Jerk Chicken	Lg \$13.99	Sm \$10.99
Curry Chicken (dark meat only)	Lg \$12.99	Sm \$9.99
Brown Stewed Chicken (Dark meat Only)	Lg \$12.99	Sm \$9.99
Fried Chicken (Cooked to order)	Lg \$13.99	Sm \$10.99
Jerk Chicken Pasta (Cooked to order)	Lg \$13.99	

Taste of Flavaz (A combination of our savory oxtails and delectable curried goat)

Flavaz Chicken Trio (Combination of jerk chicken, curried chicken and brown stewed chicken)

\$33.99

\$23.99

VEGETARIAN SELECTIONS

Ackee & Ting (Cook to order) (Saut ed ackee, mushrooms, green beans, onions, baby tomatoes)	\$17.99
Rasta Pasta (vegan/vegetarian pasta)	\$13.99
Potato Stew (cooked to order) (A combination of Russet potatoes, sweet potatoes, butter beans, carrots simmered in well-seasoned coconut milk sauce)	\$15.99



SEAFOOD ENTREES

(Served with Rice & Peas OR White rice, OR mac & cheese, OR garlic mashed potato)

Steamed veggies and fried plantains are included in all entrees.



Whole Fish meal (Snapper)	\$23.99
Escoveitch - Fried and topped with pickled carrots, onions and scotch bonnet pepper.	
Brown Stew - Fried and simmered in a savory brown sauce with herbs and vegetables.	
Fried - Whole fish fried	
Whole Fish only (Fried/steamed/brown stewed/escoveitch)	\$18.50
Curry Shrimp (Simmered in rich curry and coconut sauce)	\$15.99
House special (Wild Salmon (8 oz) seared and simmered in well seasoned cr me sauce)	\$20.99

CONSUMING RAW OR UNDER COOKED MEAT, EGGS, POULTRY OR SEAFOOD MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESSES, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.
CHANGES AND SUBSTITUTIONS ON CERTAIN DISHES ARE NOT POSSIBLE - CONSULT YOUR SERVER.

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SALADS

(Salad dressings: Ranch, Ceasar, or Golden Italian dressing)

Juicy Jerk Chicken Salad	\$8.99
House Salad	\$5.00
Juicy Jerk Pork Salad	\$8.99



SANDWICHES

Fish Sandwich (Flatbread or Bun)	\$7.99
Jerk Chicken Flat Bread	\$7.95

SIDES

Curry Goat Only	\$15.99
Jerk Pork Only (1lb)	\$10.99
Fish & Fries	\$8.99
Curry Chicken Only	\$8.99
Brown Stew Chicken Only	\$8.99
Jerk Chicken Only	\$10.99
Fried Dumplings (4)	\$3.00
Fried Chicken Only	\$10.99

Fried Plantains (Ripe) 5 pcs	\$2.49
Rice & Peas	\$4.50
Fries	\$3.00
White Rice	\$2.50
Fried Bammy (3)	\$3.50
Festival (3)	\$3.50
Steam Veggies	\$3.50
Garlic Mashed Potatoes	\$4.00
Mac & Cheese	\$4.00



DESSERTS

Bread Pudding with Rum Cream Sauce	\$4.95
Sweet Potato Pudding	\$4.95



DRINKS

Signature Punch - Mango, Pineapple & Ginger 16oz. - \$3.50
Guava, Pineapple & Orange 16oz. - \$3.50

Jamaican Sodas	\$2.45
Can Soda	\$1.00
Ting	\$2.79
Tru-juice Products	\$3.99
Homemade Sorrel w/ginger - 16oz.	\$3.50
Lemonade	\$1.50
Coconut Water	\$3.99
Ginger Beer	\$2.59



CONDIMENTS

Extra gravy	\$0.50
Extra Jerk sauce	\$0.75
Extra salad dressing	\$0.50

